Escape from the grand grounds of the historic Vinoy, and step into our tranquil oasis of complete relaxation.

Inspired by the healing properties of the ocean and a holistic approach to skin health and well-being, indulge in all the benefits of the sea and earth with sustainable, high-quality products. The Vinoy Spa's treatments immerse you in coastal and plant-based therapies that nurture the body and enliven the senses.

WELL BEING RITUALS

These all-encompassing holistic experiences address each aspect of your well-being.

CRYSTAL ENERGY FACE & BODY JOURNEY

100 minutes from $420

The centerpiece of this curated spa experience harnesses the power of crystals to promote beautiful skin and energy alignment. Refined powders of precious gemstones are paired with potent minerals, botanicals, and aromatherapy to offer you a rejuvenating back treatment, a calming facial, and a soothing scalp massage. This holistic journey will elevate your mind, body, and soul.

LEMON VERBENA HYDRATING WRAP

100 minutes from $480

Focus on areas of tension, allowing relief with each breath. Delight in the uplifting essence of Lemon Verbena, paired with exfoliating grains and soothing aloe vera, oat, and shea butter to gently soften and renew your skin. Experience the luxury of a 24k colloidal gold facial mask for a firming lift, while Sicilian citrus body lotion deeply hydrates, leaving your skin glowing and radiant.

BODY TREATMENTS

GOLDEN AGE BODY TREATMENT

100 minutes from $460

The Golden Age Body Treatment rejuvenates the full body. A brightening and glowing body treatment leaves you smooth, firm and glowing from head to toe. Enjoy 80 minutes of pure luxury, topped off with a celebratory champagne toast.

SERENITY BODY ESCAPE

50 minutes from $225

Melt into deep relaxation with this rejuvenating head-to-toe experience. Soothing massage techniques ease tension in the shoulders, scalp, legs, and feet, while invigorating scrubs gently exfoliate and soften the hands, arms, and feet. Leave feeling refreshed, restored, and completely at ease. (Service does not include a back massage).

SEA SCAPE AND BOTANICAL CBD/ARNICA BODY POLISH

100 minutes from $460

Relax and rejuvenate with our Sea Scape and Botanical CBD/Arnica Polish. The treatment begins with a gentle exfoliation, followed by a hydrating blend of sea minerals, CBD/Arnica. The polish nourishes and soothes the skin, while the therapeutic botanicals relieve tension, reduce inflammation, and promote deep relaxation.

TARGETED RENEWAL

50 | 100 minutes from $255 | $500

A restorative massage combining light to medium pressure with targeted deep-tissue techniques and the soothing benefits of arnica oil. Customized to focus on areas of tension and concern, this personalized ritual is designed to release muscular stress, ease built-up tension, and leave you feeling deeply restored and renewed.

Please note all prices throughout are subject to change.

MASSAGE TREATMENTS

MARINE RENEWAL
50 | 100 minutes from $225 | $420

Like a dip in the ocean, your senses will be immersed in a body balancing wave of relaxation and well-being. Using Swedish relaxation techniques, this massage leaves you with the feeling of being rejuvenated, centered and renewed.

MUSCLE EASE
50 | 100 minutes from $255 | $475

Experience the ultimate deep tissue massage with our CBD or Arnica and Magnesium-infused treatment. This service combines the muscle-soothing benefits of targeted tension relief, reduced inflammation, and promotes muscle recovery through trigger point therapy and myofascial release.

THAI LAVENDER MASSAGE
50 | 100 minutes from $255 | $475

This signature treatment features French lavender from head to toe. Hand-rolled, steam-warmed Thai herbal boluses, filled with healing botanicals and lavendar buds, are pressed gently along the body, releasing warmth and easing muscle tension. A calming massage further soothes muscles, while a hand, foot, and scalp treatment complete the experience, leaving you renewed and balanced.

RELAX AND RESTORE FOR TWO
50 | 100 minutes from $450 | $880

Share a blissful wellness experience with a loved one or a friend in the serene ambiance of our private couples' massage suite. This indulgent journey begins with a calming aromatherapy inhalation ritual, setting the tone for deep relaxation. Unwind together, leaving refreshed, rebalanced, and deeply restored.

BABY MOON
50 | 80 minutes from $230 | $360

Our specialized prenatal massage provides a nurturing and effective way to soothe the stress and tension of pregnancy. Lavender essential oil gently balances stress and fatigue, while the healing Gotu Kola balm nourishes hormone-reactive skin minimizing stretch marks. This tranquil experience is available for the second and third trimester pregnancies only.

BODY ENHANCEMENTS

Paraffin Foot or Hand Treatment $45

Soothing Himalayan Salt Stones $45

Bellabaci Cupping $45

Wild Lime or Lavender Scalp Treatment $45

Arnica Oil or CBD Relief Cream

Marine Body Polish: Back or Feet $45

Full Body Polish (added 30 mins) $90

FACIAL TREATMENTS

OCEANIC OASIS FACIAL
50 | 80 minutes from $225 | $360

This classic facial treatment combines all the skin-specific solutions of a European facial with all the benefits of the ocean's healing waters. Highly concentrated marine products, selected especially for your skin type, target the improvement of the skin's functions, producing exceptional results. No matter the skin-type, an awakened complexion with a genuine radiance is the powerful result.

MANUKA HONEY ORGANIC FACIAL
50 | 80 minutes from $225 | $360

Manuka honey is nature's cure for thirsty, moisture-deprived skin. This facial immediately replenishes devitalized skin with a hydrating blend of Manuka honey and fruit enzymes to smooth and enhance your natural glow. This organic facial leaves your skin radiant and protected from harsh environmental elements.

Celebrating our 100 Year Golden Anniversary

GOLDEN AGE RENEWAL FACIAL
80 minutes from $400

Experience the power of 24k-gold and advanced lymphatic techniques to repair, firm, lift, and illuminate your skin. This luxurious facial uses a powerful lifting and smoothing facial massage partnered with the ReVive anti-aging skin care line customized to your skin type. Treat your face, neck, chest, hands, and toes with 80 minutes of pure, indulgent pampering.

REVIVE BRIGHTENING AND FIRMING FACIAL
80 minutes from $450

Introducing our Luxury meets results-driven facial experience. Meticulously crafted to rejuvenate and restore dull, fatigued skin, offering the expertise of advanced skincare and technique with clinical results. This transformative treatment integrates cutting-edge Bio-Renewal Technology, utilizing skin-identical Epidermal Growth Factor peptides thoughtfully developed to replicate your skin's natural renewal process. A powerful trio of signature peptides--Bio-renewal, Bio-Volumizing, and Bio-Firming--work in harmony to enhance firmness, elasticity, and structural integrity, visibly lifting and smoothing your complexion. The result is a radiant, youthful, and revitalized appearance, all achieved through a science-backed, results-driven approach.

FACIAL ENHANCEMENTS

Knesko Face or Eye $45

ReVive Firming Face Mask $45

Infrared "Red" Light Facial Therapy $45

Paraffin Foot or Hand Treatment $45

Warming Clarifying Mask $45

(ReVive) Instant Depuffing Eye Treatment $45

PLANNING A SPA VISIT

To enjoy your spa experience to its fullest potential, please familiarize yourself with the Spa Guidelines.

SCHEDULING AN APPOINTMENT

To ensure the availability of your preferred time and service, we recommend making your reservation in advance. Reservations may be made online by visiting www.vinoy.com or with one of our spa experience experts at 727.824.8070

AT THE TIME OF RESERVATION

Please inform your spa expert of the following: allergies or medical conditions, including pregnancy, if you have a gender preference for your Service Provider, if you have a request for a specific Service Provider, or if you are celebrating any special occasions. You must provide a valid credit card number with an expiration date at the time of booking.

AGE REQUIREMENTS

All Spa guests must be at least 18 to receive Massages or Body Treatments. Guests ages 16 and 17 are welcome to enjoy facial services; however, a parent or guardian must be in the treatment room. Guests must be 18 years of age or older to enjoy our wet facilities.

ARRIVAL TIME

Please arrive at least 30 minutes before your appointment time to begin your relaxation. Your spa reservation is held specifically for you, and late arrivals may result in abbreviated service. Your service will end as scheduled to ensure the next guest is on time. The total value of your treatment will be charged.

FACILITIES

Spa guests receiving a 50-minute service or greater are welcome to utilize our Health Club wet facilites. Robes, towels, and slippers are provided as well as a locker to secure your belongings. We cannot be responsible for any personal items and valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe. Pool usage is reserved for Hotel guests and members only. Guests are prohibited from bringing any outside food or alcohol into the spa. A guest appearing intoxicated will be denied access to the spa.

CANCELLATION

As a courtesy to other guests and to our therapists, we strictly adhere to the Spa cancellation policy. If you must reschedule or cancel your appointment, please notify us 24 hours in advance to avoid being charged the full-service fee. Any appointments rescheduled within the same day window will incur a transfer fee of $75.

USE OF ELECTRONIC DEVICES

To protect our guests' privacy and preserve the guest experience, the use of cell phones, electronic devices, and cameras is prohibited in the spa. Cell phones and electronic devices must be turned off.

SERVICE CHARGE

For your convenience, a 22% service charge will be added to each Spa service received. This includes gratuities disbursed to the spa staff members who serve you during your visit. Additional gratuties may be offered at your discretion. Prices and services are subject to change.