



Tucked away amid the idyllic grounds of the historical Vinoy, step into our tranquil oasis of complete relaxation.

Inspired by the healing properties of the ocean and a holistic approach to skin health and well-being, indulge in all the benefits of the sea and earth with sustainable, high-quality products. The Vinoy Spa's treatments immerse you in coastal and plant-based therapies that nurture the body and enliven the senses.

WELL BEING RITUALS

These all-encompassing holistic experiences address each aspect of well-being.

CRYSTAL ENERGY FACE & BODY JOURNEY

The centerpiece of this curated spa experience uses the power of crystals for beautiful skin and energy alignment. Soothing diamond and rose quartz are paired with potent minerals, botanicals, and aromatherapy to provide the guest with a back treatment, a calming facial, and scalp massage to transport you on a sensorial, holistic journey.

LEMON VERBENA HYDRATING WRAP

Bright citrus notes of Lemon Verbena and gentle buffing grains are blended with aloe vera, oat, and shea butter to soften the skin. A 24K colloidal gold facial mask provides a firming lift while the body is drenched in a soothing treatment to promote deep hydration.

SEASIDE MASSAGE & WRAP

After a specialized sculpting massage, the body is wrapped in a body slimming mask made of sea algae jam to help with restoring slenderness and firmness to the silhouette.

BELLABACI CUPPING EXPERIENCE

Release muscle tension and experience an intensive sense of relaxation with a pressure releasing combination of cupping and hands-on massage performed with a unique blend of essential oils and homeopathic remedies.

BODY TREATMENTS

SUNSHINE BODY GLOW

Treat the signs of aging and prevent blemishes with this total-body clinical peel treatment. Supports collagen production in an ultra-hydrating formula that soothes and balances for more youthful-looking skin.

HEALING WATERS

This bayside ritual starts with a seawater crystal scrub to rebalance the body's energy flow, followed by a tranquilizing massage that mimics the ocean's waves with mineral-rich seawater and seaside plant oils.

Please note all prices throughout are subject to change.

MASSAGE TREATMENTS

MARINE DREAM

This unique treatment includes a specialized massage performed with a relaxing elixir and warmed seawater massage balm. This treatment will immerse the senses like a dip in the ocean and bring the body back into balance.

SERENE CBD

With enhanced broad-spectrum CBD, this treatment will elevate your mind, relax the nervous system, and help to provide immediate relief from aches, pains and inflammation.

MUSCLE EASE

This deep-tissue massage is designed to rejuvenate muscles and stiff joints with trigger point therapy and myofascial release and is created especially for athletes and faster recovery.

BESPOKE MASSAGE

This custom massage uses aromatherapy to help you unwind while tailoring it to your individual massage needs.

TRANQUILITY FOR TWO

Share your wellness journey with a loved one or a friend in a couples' massage room.

REST & RENEWAL

Lavender essential oil balances stress and fatigue while our specially trained therapist comfortably positions the mom-to-be to ease tension and renew the mind.

Second & Third Trimester Only

BODY ENHANCEMENTS



Alpine Arnica Repair Balm
CBD Relief Cream
Wild Lime Scalp Treatment
Soothing Himalayan Salt Stones
Deep Tissue Upgrade
Bellabaci Cupping

FACIAL TREATMENTS

THE 5TH AVENUE ANTI-AGING PEEL

This signature Alpha Beta® Professional Peel immediately delivers smoother, more flawless skin and restores its youthful glow. This facial includes an anti-aging, imperfection-fighting light therapy treatment and a 30-day at-home peel kit.

VINOY FACIAL INDULGENCE

From the ocean's depths, natural solutions are found to restore a youthful texture. A marine scrub is used to polish the complexion, while sea retinol is used to aid cellular turnover. A specially formulated rubberizing mask reduces the depth of wrinkles and resuscitates the skin's natural firmness.

MANUKA HONEY ORGANIC FACIAL

Nature's cure for thirsty, moisturedeprived skin. This facial immediately replenishes the skin with deeply hydrating pear and fig fruit enzymes. A restorative Manuka Honey firming mask leaves skin radiant and protected.

THE FLORIDIAN FACIAL PEEL

Supercharge your skin with Vitamin C - nature's most potent- and proven- skin brightening treatment. Combined with our signature Alpha Beta® Professional Peel System, this high-performance facial is the go-to for combating sun damage, reversing signs of aging, and restoring luminosity for firmer, brighter skin.

OCEANIC CUSTOM FACIAL

Highly-concentrated marine products from the ocean's healing waters are selected specially for your skin type.

FACIAL ENHANCEMENTS



Knesko Gemstone Infused Mask: Lips or Eyes

Face, Neck, or Décolleté

Warming Facial Massage Mask

Champagne of the Sea Relaxing Back Treatment

Infrared Light Therapy

Firming Micro Current

Ultra Sonic Deep Clean

NAIL TREATMENTS

HONEY & LEMON MANICURE

Designed to delight the senses, this deeply hydrating manicure begins with a gentle cleanse with Manuka Honey Balm, followed by an uplifting Lemon Verbena scrub to polish and heal overworked hands and an Ecofin mask.

HONEY & LEMON PEDICURE

This highly reparative pedicure begins with a Manuka honey cleanse while your feet soak, followed by a Lemon Verbena scrub to exfoliate. The feet are then enveloped in a softening Ecofin mask and wrapped in warm towels for deep repair.

MANICURE & PEDICURE

This treatment consists of either a manicure or a pedicure using rosemary and mint to soothe tired hands, arms & feet, followed by a soak in sweet birch bath flakes.

SERENE CBD MANICURE & PEDICURE

Enhance your manicure and pedicure experience with our powerful broadspectrum CBD, premium dead sea salt and calming lavender essential oils. This nourishing and hydrating treatment will relax the nervous system, and help to relax sore and tired hands and feet.

JUNIOR MANICURE & PEDICURE

10 and under.

NAIL ENHANCEMENTS



Dazzle Dry Polish

Gel Polish

French Add-On

Polish Refresher

Gel Removal

Hot Stones

Ecofin Hydrating Wax Dip

HAIR

STYLYING

LADIES HAIRCUT

MEN'S HAIRCUT

CHILDREN'S HAIRCUT

SHAMPOO & STYLE

SPECIAL EVENT STYLING

BRIDAL STYLING

INITIAL COLOR APPLICATION

COLOR RE-TOUCH

HIGHLIGHTS - FULL

HIGHLIGHTS - PARTIAL

BALAYAGE/OMBRE

TREATMENTS

NATURAL KERATIN SMOOTHING TREATMENT
KERATIN EXPRESS SMOOTHING TREATMENT

ENHANCEMENTS



Deep Conditioning Mask
Sea Salt Scalp Scrub & Massage
Keratin Bonding Emulsion

PLANNING A SPA VISIT

To enjoy your spa experience to its fullest potential, please familiarize yourself with the Spa Guidelines.

SCHEDULING AN APPOINTMENT

To ensure the availability of your preferred time and service, we recommend making your reservation in advance. Reservations may be made online by visiting www.vinoy.com or with one of our spa experience experts at 727.824.8070

AT THE TIME OF RESERVATION

Please inform your spa expert of the following: allergies or medical conditions, including pregnancy, if you have a gender preference for your Service Provider, if you have a request for a specific Service Provider, or if you are celebrating any special occasions. You must provide a valid credit card number with an expiration date at the time of booking.

AGE REQUIREMENTS

All Spa guests must be at least 18 to receive Massages or Body Treatments. Guests ages 16 and 17 are welcome to enjoy facial services; however, a parent or guardian must be in the treatment room. Guests must be 18 years of age or older to enjoy our wet facilities.

ARRIVAL TIME

Please arrive at least 30 minutes before your appointment time to begin your relaxation. Your spa reservation is held specifically for you, and late arrivals may result in abbreviated service. Your service will end as scheduled to ensure the next guest is on time. The total value of your treatment will be charged.

FACILITIES

Spa guests receiving a 50-minute service or greater are welcome to utilize our Health Club wet facilities. Robes, towels, and slippers are provided as well as a locker to secure your belongings. We cannot be responsible for any personal items and valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe. Pool usage is reserved for Hotel guests and members only. Guests are prohibited from bringing any outside food or alcohol into the spa. A guest appearing intoxicated will be denied access to the spa.

CANCELLATION

As a courtesy to other guests and to our therapists, we strictly adhere to the Spa cancellation policy. If you must reschedule or cancel your appointment, please notify us eight hours in advance to avoid being charged the full-service fee. Any appointments rescheduled within the eight-hour window will incur a transfer fee of \$25.

USE OF ELECTRONIC DEVICES

To protect our guests' privacy and preserve the guest experience, the use of cell phones, electronic devices, and cameras is prohibited in the spa. Cell phones and electronic devices must be turned off.

SERVICE CHARGE

For your convenience, a 22% service charge will be added to each Spa service received. This includes gratuities disbursed to the spa staff members who serve you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

MASSAGE ESTABLISHMENT LICENSE #MM19181

